



# START LIST

## Mixed 4X400m Relay - Round 1

First 2 of each heat (WQ) plus 2 fastest times (Wq) qualify to World Athletics Championships and World Athletics Relays Final

RECORDS	RESULT	TEAM		VENUE	DATE
World Record <b>WR</b>	3:07.41	UNITED STATES	USA	Paris (FRA)	2 Aug 2024
Championship Record <b>CR</b>	3:09.54	UNITED STATES	USA	Guangzhou (CHN)	11 May 2025
World Leading <b>WL</b>	3:14.04	KENYA	KEN	Gaborone (BOT)	28 Mar 2026

Heat 1

3

2 May 2026 14:30 START TIME

LANE	TEAM	BIB	NATIONAL RECORD	SEASON BEST
2	<b>UGANDA</b>	UGA	3:15.26	3:17.97
1	451 Kenneth OUKA (M)			
2	931 Mauren Akiiki BANURA (W)			
3	449 Haron ADOLI (M)			
4	932 Leni SHIDA (W)			
3	<b>INDIA</b>	IND	3:12.87	3:18.90
1	277 Theerthesh P. SHETTY (M)			
2	769 Ansa BABU (W)			
3	270 Amoj JACOB (M)			
4	771 Rashdeep KAUR (W)			
4	<b>IRELAND</b>	IRL	3:09.92	3:37.48
1	285 Jack RAFTERY (M)			
2	778 Sophie BECKER (W)			
3	283 Sean DOGGETT (M)			
4	786 Sharlene MAWDSLEY (W)			
5	<b>UNITED STATES</b>	USA	3:07.41	3:21.35 i
1	459 Bryce DEADMON (M)			
2	944 Paris PEOPLES (W)			
3	460 Brian FAUST (M)			
4	940 Bailey LEAR (W)			
6	<b>BELGIUM</b>	BEL	3:09.36	3:15.60 i
1	131 Julien WATRIN (M)			
2	618 Ilana HANSSENS (W)			
3	115 Dylan BORLÉE (M)			
4	620 Camille LAUS (W)			
7	<b>SPAIN</b>	ESP	3:10.48	3:16.96 i
1	208 David GARCÍA (M)			
2	705 Paula SEVILLA (W)			
3	200 Julio ARENAS (M)			
4	696 Blanca HERVÁS (W)			
8	<b>AUSTRALIA</b>	AUS	3:12.20	3:19.60
1	113 Cooper SHERMAN (M)			
2	600 Ellie BEER (W)			
3	112 Thomas REYNOLDS (M)			
4	605 Mia GROSS (W)			

START LIST  
Mixed 4X400m Relay - Round 1

Heat 2		3		2 May 2026 14:40 START TIME					
LANE	TEAM	BIB	NATIONAL RECORD	SEASON BEST					
2	<b>PR OF CHINA</b>	CHN	3:13.39						
1	176 GUO Longyu (M)								
2	677 LI Fengdan (W)								
3	184 XIAO Heng (M)								
4	681 LIU Yinglan (W)								
3	<b>NIGERIA</b>	NGR	3:11.99	3:16.13					
1	381 Samson Oghenewegba NATHANIEL (M)								
2	864 Taiwo Mary KUDORO (W)								
3	383 Chidi OKEZIE (M)								
4	862 Patience Okon GEORGE (W)								
4	<b>POLAND</b>	POL	3:09.43	3:17.44 i					
1	390 Marcin KAROLEWSKI (M)								
2	894 Justyna ŚWIĘTY-ERSETIC (W)								
3	389 Kajetan DUSZYŃSKI (M)								
4	882 Natalia BUKOWIECKA (W)								
5	<b>NETHERLANDS</b>	NED	3:07.43	3:20.14 i					
1	360 Liemarvin BONEVACIA (M)								
2	851 Elisabeth PAULINA (W)								
3	357 Terrence AGARD (M)								
4	857 Madelief VAN LEUR (W)								
6	<b>JAPAN</b>	JPN	3:12.08						
1	317 HIRAKAWA Kira (M)								
2	824 IDO Abigeirufuka (W)								
3	325 SATO Kentaro (M)								
4	825 MATSUMOTO Nanako (W)								
7	<b>JAMAICA</b>	JAM	3:11.06						
1	311 Deandre WATKIN (M)								
2	809 Shana Kaye ANDERSON (W)								
3	312 Antonio WATSON (M)								
4	810 Rushell CLAYTON (W)								
8	<b>CANADA</b>	CAN	3:12.95						
1	170 Ryder RATTEE (M)								
2	667 Savannah SUTHERLAND (W)								
3	167 Nathan GEORGE (M)								
4	651 Emma CANNAN (W)								

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Mixed 4X400m Relay - Round 1

Heat 3		2 May 2026 14:50 START TIME				
LANE	TEAM	BIB	NATIONAL RECORD	SEASON BEST		
1	<b>BOTSWANA</b>	BOT	3:13.99	3:20.07		
1	137 Boitumelo MASILO (M)					
2	638 Karabo MANTSWINYANE (W)					
3	145 Lefatshe SELEKA (M)					
4	641 Lebitso MOKOROFU (W)					
2	<b>ETHIOPIA</b>	ETH	3:25.55	3:28.67		
1	217 Nhial NYANG (M)					
2	709 Banchalem BIKESE (G)					
3	216 Eriema KERE (M)					
4	706 Ajayeba ALIYE (W)					
3	<b>GERMANY</b>	GER	3:12.94	3:32.12 i		
1	260 Tyrel PRENZ (M)					
2	746 Luna BULMAHN (W)					
3	258 Florian KROLL (M)					
4	747 Eileen DEMES (W)					
4	<b>KENYA</b>	KEN	3:11.88	3:14.04		
1	337 George MUTINDA (M)					
2	836 Mercy Adongo OKETCH (W)					
3	344 Kelvin Kiprotich TONUI (M)					
4	829 Mercy CHEBET (W)					
5	<b>SOUTH AFRICA</b>	RSA	3:11.16	3:23.74		
1	421 Gardeo ISAACS (M)					
2	908 Rogail JOSEPH (W)					
3	431 Lythe PILLAY (M)					
4	915 Marlie VILJOEN (W)					
6	<b>GREAT BRITAIN &amp; NI</b>	GBR	3:08.01			
1	239 Alex HAYDOCK-WILSON (M)					
2	738 Lina NIELSEN (W)					
3	241 Jake MINSHULL (M)					
4	732 Yemi Mary JOHN (W)					
7	<b>ITALY</b>	ITA	3:09.66	3:41.18		
1	289 Lorenzo BENATI (M)					
2	804 Anna POLINARI (W)					
3	286 Vladimir ACETI (M)					
4	797 Eloisa COIRO (W)					
8	<b>FRANCE</b>	FRA	3:10.60			
1	223 Muhammad Abdallah KOUNTA (M)					
2	713 Amandine BROSSIER (W)					
3	225 Predea MANOUNOU (M)					
4	720 Louise MARAVAL (W)					

i = Indoor performance

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	TEAM	VENUE	DATE	RESULT	TEAM	VENUE	2026
3:07.41	UNITED STATES (USA)	Paris (FRA)	2 Aug 24	3:14.04	KENYA (KEN)	Gaborone (BOT)	28 Mar
3:07.43	NETHERLANDS (NED)	Paris (FRA)	3 Aug 24	3:15.60	BELGIUM (BEL)	Torun (POL) i	21 Mar
3:08.01	GREAT BRITAIN & NI (GBR)	Paris (FRA)	3 Aug 24	3:16.13	NIGERIA (NGR)	Calabar (NGR)	5 Mar
3:09.36	BELGIUM (BEL)	Paris (FRA)	3 Aug 24	3:16.96	SPAIN (ESP)	Torun (POL) i	21 Mar
3:09.43	POLAND (POL)	Madrid (ESP)	29 Jun 25	3:17.44	POLAND (POL)	Torun (POL) i	21 Mar
3:09.66	ITALY (ITA)	Madrid (ESP)	29 Jun 25	3:17.97	UGANDA (UGA)	Nairobi (KEN)	11 Apr
3:09.82	DOMINICAN REPUBLIC (DOM)	Eugene, OR (USA)	15 Jul 22	3:18.90	INDIA (IND)	Chandigarh (IND)	28 Mar
3:09.92	IRELAND (IRL)	Roma (ITA)	7 Jun 24	3:19.30	ZAMBIA (ZAM)	Gaborone (BOT)	28 Mar
3:10.48	SPAIN (ESP)	Madrid (ESP)	29 Jun 25	3:19.58	SRI LANKA (SRI)	Chandigarh (IND)	28 Mar
3:10.60	FRANCE (FRA)	Paris (FRA)	2 Aug 24	3:19.60	NEW SOUTH WALES (AUS)	Sydney (AUS)	12 Apr